SEND AND EXHALE

Being right isn't enough.

Earn the judge's trust, one message at a time.

Draft every message to your ex in Send and Exhale.

Why every message

- Any message can become evidence, and you never know which one.
- One late-night text can undo months of good parenting.
- You're writing to the one person who knows how to provoke you.
- A reply can be completely accurate and still read as aggressive.

How it works

- Screenshot or paste the message you received.
- It separates facts from accusations and drafts a brief, friendly, firm reply.
- Read it, change anything, and send it yourself.
- Add your OurFamilyWizard or TalkingParents history so replies stand on the record.

What it doesn't do

- It doesn't send anything for you. It doesn't give legal advice. Your history is stored on your phone.

Scan to see how it works and get the app.

sendandexhale.com

Now on iPhone.

Download on the App Store

Send it calm. Send it accurate. Send it confident. Then exhale.