SEND AND EXHALE

Response Scripts

12 hard texts from an ex. 12 replies Send and Exhale drafted from the facts each parent gave it.

Made-up names and records. Real app drafts. Results vary.

Four things these drafts do.

1. **Answer the claims.**
2. **Back them with dates and records.**
3. **Skip the digs.**
4. **Leave out the threats.**

Made-up names and records. Real app drafts. Results vary.

01

Late again

THEIR TEXT

TAYLOR

You were late AGAIN Friday. That's three times this month, you didn't pick up when I called at 6:05, and Riley says you're always on your phone at pickup.

THE DRAFT

DRAFTED BY SEND AND EXHALE

My pickups this month were Nov 1 at 5:58, Nov 8 at 6:00 and Nov 15 at 6:03. When you called at 6:05, I was signing Riley out. I called back at 6:11. I keep my phone in the car at pickup.

WHAT THE DRAFT DID

Gave every pickup time and the call-back time, and answered the phone claim with one fact.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

02

Schedule swap

THEIR TEXT

JASON

You switched weekends without asking, now you want the 22nd too, and you never confirmed Sunday's time.

THE DRAFT

DRAFTED BY SEND AND EXHALE

You asked to swap to Nov 14 in your Nov 4 text, and I said yes. I haven't asked for the 22nd; it's my weekend on the schedule. I confirmed Sunday at 10:00 by text on Nov 12 at 7:30 PM.

WHAT THE DRAFT DID

Said who asked for the swap, and confirmed the time already agreed.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

03

Split the bill

THEIR TEXT

MORGAN

You owe me half of the $340 camp, half of the $90 cleats, and you STILL haven't paid for school pictures.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I paid my $170 half of camp on Oct 3. Our agreement says each of us buys gear for our own weekends, so the cleats are yours and I won't be paying half. I paid the $28 picture order online on Oct 2.

WHAT THE DRAFT DID

Answered each charge with a payment date or the agreement, line by line.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

04

“You never” / “Like always”

THEIR TEXT

JORDAN

You never answer the first time. You never pack his homework. Like always, I find out about everything last.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I answered your last five texts within the hour, Nov 10 to 16. Theo's worksheets were in his blue folder on Sunday. I forwarded you the school's Nov 9 newsletter that night at 8:15 PM.

WHAT THE DRAFT DID

Swapped ‘never’ and ‘always’ for dates and times.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

05

Holiday schedule

THEIR TEXT

TAYLOR

Christmas Eve is mine this year. You had it last year, you changed the drop-off time without asking, and the kids already said they want to be here.

THE DRAFT

DRAFTED BY SEND AND EXHALE

Our schedule signed March 12 gives me Christmas Eve in even years. The Dec 26 drop-off is 10:00 AM, the time in the schedule, and I haven't changed it.

WHAT THE DRAFT DID

Answered with the signed schedule and the drop-off time, and kept the kids out of it.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

06

Early-release pickup

THEIR TEXT

JASON

Wednesday is early release and you didn't even know. Who's getting Mia at 12:30? You never read the school emails.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I'm picking Mia up at 12:30 on Wednesday, per our schedule. I knew about the early release. It's on my calendar from the school's Oct 30 email.

WHAT THE DRAFT DID

Answered the one real question, who's picking up and when, with the school's own email.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

07

Signed up without asking

THEIR TEXT

MORGAN

You signed Noah up for travel soccer without asking me, it's $400, and now I'm supposed to drive him on my weekends?

THE DRAFT

DRAFTED BY SEND AND EXHALE

I asked about travel soccer in my Nov 2 text at 6:40 PM and again on Nov 6. I paid the $400 myself. Games on your weekends are optional. I'll drive if you want Noah to go.

WHAT THE DRAFT DID

Gave both dates of the ask, said who paid, and left her weekends up to her.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

08

New partner around the kids

THEIR TEXT

JORDAN

You brought your new boyfriend to Ava's recital without telling me, the kids say he's at your place every weekend, and we agreed to wait six months.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I told you by text on Nov 5 that my partner would be at the Nov 12 recital. He has been over twice since October, both times for dinner. Our agreement doesn't say six months. It says we tell each other before an introduction, and I did.

WHAT THE DRAFT DID

Gave the date it told Jordan, the count, and what the agreement says.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

09

The form, the conference, the log

THEIR TEXT

TAYLOR

You never signed the field trip form, you missed the conference sign-up, and Theo says you threw out his reading log.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I signed the field trip form and sent it back in Theo's folder on Nov 9. I signed us up for the Dec 2 conference at 4:15 on Nov 6. The reading log is in the front pocket of his backpack, and I photographed it Sunday.

WHAT THE DRAFT DID

Put a date or a place on all three.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

10

“My lawyer will hear about this”

THEIR TEXT

JASON

Third time you've 'forgotten' to send the calendar. You kept the whole tax refund. My lawyer will hear about all of this.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I sent the December calendar on Nov 4 at 9:12 AM and again on Nov 14. I sent your half of the tax refund, $610, on Apr 20.

WHAT THE DRAFT DID

Answered the calendar and the refund with dates and left the lawyer line out.

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

11

Forgotten item: the swim bag

THEIR TEXT

MORGAN

Sam showed up to swim with no bag AGAIN. No goggles, no towel. You just don't care about his stuff.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I dropped Sam's swim bag at the pool desk at 9:05 for his 9:00 lesson and texted you at 9:06. This was the first time this season.

WHAT THE DRAFT DID

Gave the drop-off time and the 9:06 text, answered “AGAIN” with one fact, and didn't argue with “you don't care.”

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

12

Last-minute cancel

THEIR TEXT

JORDAN

Canceling an hour before pickup? Mason waited by the door. You do this every other weekend and never say why.

THE DRAFT

DRAFTED BY SEND AND EXHALE

I texted you at 4:02 PM today that my flight home was delayed. I asked to pick Mason up Saturday at 9:00 instead.

WHAT THE DRAFT DID

Gave the reason and the new time it offered, and didn't argue with ‘every other weekend.’

Let the app draft yours.

Made-up names and records. Texts recreated.
Real app draft. Results vary.

Let the app draft yours.

1. **Screenshot the message.**
2. **Tell it what really happened.**
3. **Tap Draft My Reply.**

Check every fact before you send.
You review it and send it yourself.



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Made-up names and records. Real app drafts. Results vary.
Not legal advice. Laws vary by state.

If you ever feel unsafe, call 911. Send and Exhale isn't built for emergencies.